BOOM

TRAVEL PACK
Information and Advice

JANUARY 2026
CAPE TOWN, SOUTH AFRICA



THE ROYAL ORTHOPAEDIC HOSPITAL BIRMINGHAM

Accredited by
Royal College of Surgeons of England

After the initial success of the Birmingham Orthopaedic Oncology Meeting: The Consensus the meeting is going global with the 2026 event being held in Cape Town, South Africa.

The following pages have been put together to give you an overview of the meeting and also some information and advice to make the trip go smoothly...

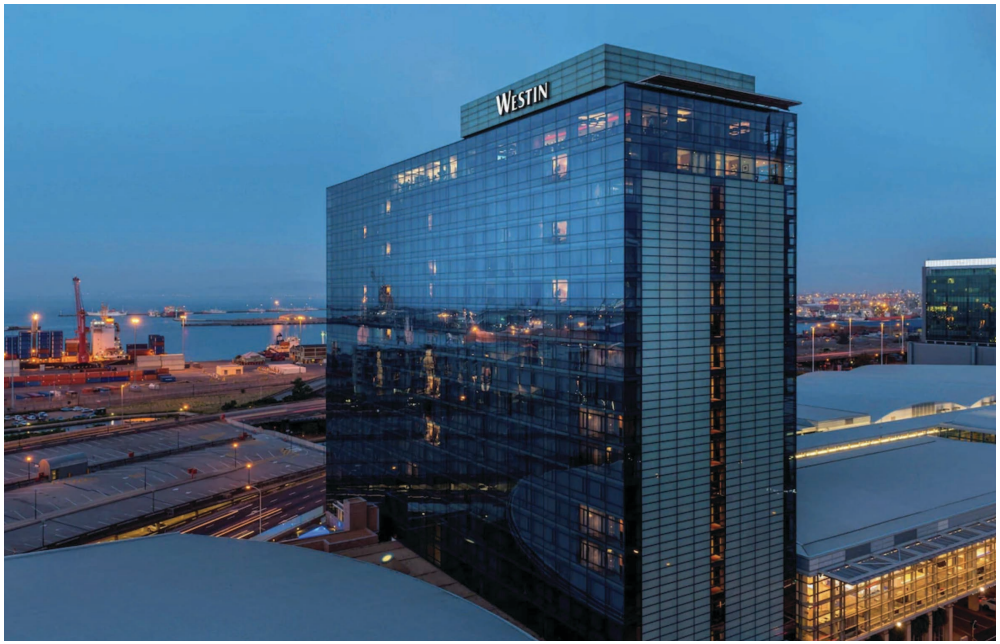
Hotel Location & Travel

The Westin Hotel is located in the business district of Cape Town and a 5-minute walk from the Waterfront.

The Westin is a 30-minute drive from Cape Town airport. There is no airport shuttle to Cape Town and you have to drive, the hotel can organise airport transfers for you – please contact The Westin Travel Desk here: westincapetown@jarattours.co.za

Uber is available and considered safe as all journeys are tracked.

There is parking at The Westin for 200 ZAR per day if you choose to rent a car.



INFORMATION



Health and Vaccinations

COVID-19 vaccination certificate is NOT required

There is a very low risk of Malaria in cape town.
The UK government recommends travellers should be up to date with routine vaccinations such as:
_ Hepatitis A
_ Tetanus
_ Typhoid

More information on vaccines can be found here
https://tinyurl.com/53p2v7f2

Visa requirements

Countries who need to apply and pay for visa's:
https://tinyurl.com/4sre7tft

Safety and security on site

We understand that some delegates may have safety concerns surrounding Cape Town. The Clockwork team have visited and want to reassure all delegates of their safety during their stay. Below are some key precautions we have taken:

_ The Westin Hotel has 24-hour security and the conference space has additional security upon entrance
_ Once in the conference everyone must wear a lanyard
_ The social activity on Sunday evening is guest listed
_ Entrance to Cabo beach club will only be permitted from an official BOOM shuttle bus.

Cape Town has a great atmosphere and is a popular tourist destination with many nationalities exploring the area. We didn't feel unsafe at any point on our trip.

CURRENCY & PAYMENTS

The currency is the South African Rand (ZAR),
for exchange rates please see here: https://www.xe.com

Bank cards and contactless payments are widely accepted throughout the city

Take care when withdrawing cash, use ATM's in hotels or by the waterfront.

Should you wish to tip, the general guidance is between 10% - 15%
in restaurants and around 20 ZAR for drivers.



OUT AND ABOUT



Things To DO and Sightseeing!

The Westin travel desk can help organise any tours for the duration of your stay, please contact: westincapetown@jarattours.co.za

_ **The Diamond Museum** – Free entry – book online in advance www.capetowndiamondmuseum.org

_ **V&A Waterfront** – for shopping, dining, gifts and a working port/harbour

_ **Cape Town photo walk and shopping tour**
Via Tourism Office: www.capetown.travel

_ **Helicopter Tour the Cape and Atlantic Coast**
www.helicopterscapetown.co.za

_ **Seal Island Boat Trip**
Via Tourism Office: www.capetown.travel

_ **Kirstenbosch Botanical Gardens** and tree top canopy walks book online in advance www.sanbi.org/gardens/kirstenboch/tours/tree-canopy-walkway

_ **Table Mountain by cable car**
www.tablemountain.net

_ **Robben Island** including ferry crossing
www.robben-island.org.za

_ **Groot Constantia** – Vineyard tour and lunch
https://grootconstantia.co.za

_ **Day Safari** https://apexpredators.com/safari/aquila

_ **Shark Cage Diving** https://apexpredators.com/shark-cage-diving-cape-town

_ **Cape of Good Hope, Chapmans Peak & Boulder Penguins Full-Day Tour from Cape Town**
www.chapmanspeakdrive.co.za



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